

Am I good?

Am I bad?

Am I mad?

**A Wiltshire School
Counsellors' Workshop for
counsellors working in
schools or interested in
working in schools**

**Saturday 24
March 2018**

**Led by Nick
Luxmoore**

**Trinity CE Primary Academy
Quakers Road, Devizes
Wiltshire SN10 2FH**

Cost £95. Early Bird discount: £85 including refreshments and lunch: book prior to 20 January. How to book: email info@peterwise.co.uk

Peter Wise | Counselling CPD

www.peterwise.co.uk/cpd

About the workshop

- Identifying the therapeutic task in counselling with young people who are angry, anxious, chaotic, stuck or acting out in a thousand ways.
- With this young person, what's really going on?
- What's at the heart of it?
- We haven't got long, so where does our conversation need to go?
- Beyond listening and empathising, what's going to make this therapeutic?
- How do we work with a young person's internal world?

There will be some theoretical input, but the emphasis of this workshop will be practical and experiential. We will share ideas, experiences and learn together. The day will be of particular interest to professionals working with young people.

Certificate of attendance for 6 hours CPD.

About Nick Luxmoore:

Nick is a trainer, previous school counsellor, teacher, youth worker and psychodrama psychotherapist (UKCP registered). He has over 36 years' experience of working with young people and with the professionals who support them.

Nick's career has included teaching English and Drama in schools and prisons, teaching counselling at Oxford Brookes University, running a youth centre and youth theatre, setting up and managing a young people's counselling and information service, working as a school counsellor and as a counsellor with young refugees and asylum seekers. He is the author of a number of books about working with young people, with themes including anger, self-esteem, death, love and hate.

Course Outline

9.00: Registration and refreshments available

9.30 - 11.00: Introductions, setting the theoretical scene

11.00 - 11.20: Break

11.20 - 1.00: Helping the young people we know

1.00 - 2.00: Lunch

2.00 - 3.15: Anger, anxiety & self-esteem: what works and what doesn't

3.15 - 3.30: Break

3.30 - 4.45: Ways forward

Location & Parking

The workshop will be held at Trinity CE Primary Academy, Quakers Road, Devizes,

Wiltshire, SN10 2FH. Click [here](#) for a Google Map and directions.

There is free parking at the venue.

Cost & Booking

Cost, including buffet lunch and refreshments during the day.

Early Bird Price: £85.00 prior to the 20 January 2018

On or after 20 January 2018: £95.00

Organisations or individuals that requiring invoicing will incur an additional £10.00 admin fee.

Bookings close on 20 March 2018

To book your place email Peter Wise on info@peterwise.co.uk

Terms and Conditions:

1. A place on the course will be confirmed by email.
2. Cancellations must be made by email and will be confirmed by email.

Cancellations will incur the following charges:

- More than 21 working days before the start of the event - 5% admin charge
 - 11 to 20 working days before the start of the event - 50% of fee paid
 - 10 working days, or fewer before the start of the event – Full fee
 - Non-attendance without cancellation – Full fee
3. Peter Wise Counselling CPD reserves the right to cancel any event if there are insufficient numbers to make it viable or in the unlikely event that the venue or trainer becomes unavailable due to circumstances beyond our control. In such circumstances you will be given as much notice as possible and offered a course transfer or a full refund of fees paid.

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